

ADDICTION  
DOESN'T  
DISCRIMINATE.



Community  
Health  Center

2006-07 Annual Report

*Because  
someone  
you know  
needs us...*

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# LETTER TO THE COMMUNITY

**T**housands of people drive by our offices every day, glance at our signs, and possibly notice our patients coming and going. Often, we're sure, the thought passes through their heads as they drive to their destination, "I'm so glad that will never be me...", but the truth of the matter is, it could very well be you, or me or a loved one. The likelihood of a family member or friend needing a service offered by the Community Health Center or another agency supported by our local Alcohol, Drug Addiction and Mental Health Services Board (ADM Board) is very real. More than 22,000 adults and children utilize ADM services in Summit County every year.

Now's the time to realize "Addiction Doesn't Discriminate." The people using our services day in and day out are your fellow citizens. They are children participating in prevention education groups after school, they are your colleague's son who is seeing a counselor here, and they are your neighbors down the street living peacefully in one of our housing units.

The Community Health Center encompasses more than substance abuse treatment. We are committed to improving and upholding the quality of health for all citizens in need. Since 1974 the Community Health Center has continued to grow and re-invent treatment for residents in Summit County. We serve more than just the City of Akron, we serve your neighborhoods, friends and co-workers in suburbs and small towns all over the County. Substance abuse does not discriminate. Addiction can grab onto anyone, regardless of age, ethnicity, gender, economic status or location. Inside this annual report you will see how our programs strive to heal the entire patient and help them rebuild their lives in their home and your home, Summit County.

In good health,



CEO, Community Health Center





# Substance Abuse Treatment

*Since 1974  
we've treated  
more than  
50,000  
people.*

**W**e recognize that there is no single treatment modality that is appropriate for all patients. Substance abuse treatment begins with an in-depth assessment where the chemical dependency problems are identified as well as other areas of concern including, criminal involvement, family issues, education/vocation deficiencies and mental health. ■ A treatment plan is designed with all the needs of the patient in mind. Our treatment staff assist our patients through the recovery process, which can last as little as 90 days up to several years.

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## **Treating All Addictions**

Since late 2005 the Community Health Center has been working to enhance our substance abuse programming by eliminating all drug use in our patient population, including nicotine. We were chosen by the Tobacco Dependence Project to run a 2-year pilot to demonstrate and implement best practices for going tobacco-free at all our campuses. To show our commitment to this endeavor, staff at CHC are also smoke-free. Our treatment recommendations will be used to set new standards throughout the State of Ohio. This project was made possible through funding from the Ohio Tobacco Use Prevention and Control Foundation and the Ohio Department of Alcohol and Drug Addiction Services.

# Substance Abuse Treatment at a glance

**Diagnostic Department** This is the first step in treatment for new patients at CHC. Using various assessment tools, an individual's mental and physical health is measured.

## STATS

- New patients annually: 2,000
- Average length of an assessment: 3 hours

**Medication-Assisted Treatment for Opiate Addiction** We are one of only nine regional methadone clinics in Ohio offering methadone maintenance and detoxification treatment for opiate addiction. Methadone has been identified as the single most effective treatment for opiate addicts. Methadone maintenance is a daily routine.

## STATS

- Patients seen: 374
- Number of treatments given: over 130,000 per year
- Average number of patients seen per day: 270

**Residential Treatment At RAMAR (Rocco Antenucci Memorial Adult Residential Center)** Patients receive support during every stage of recovery in an inpatient environment. Treatment includes group and individual counseling and development of recovery skills. Most patients graduate into outpatient care.

## STATS

- Number of beds: 28; 14 for males and females respectively
- Patients seen: 151
- Average length of stay in program: 90 days

**Intensive Outpatient Program** Provides a therapeutic multi-disciplinary program designed to promote the recovery process through three levels of treatment including group and individual counseling, case management, vocational development, community support groups and reintegration programming.

## STATS

- Patients seen: 363
- Average length of stay in program: 4 weeks-5 months

**Day-Tox Intensive Outpatient Program** Structured day program which provides intensive counseling, educational programming, stress management, crisis intervention and coordinated services. While many patients successfully complete this three-day-per-week program, others will go on to enter residential treatment.

**STATS**

- Patients seen: 250
- Average length of stay in program: 4 weeks

**Adult Counseling** Includes weekly individual counseling and referrals to a wide array of chemical dependency and specialty groups providing education, peer support and accountability which have been proven to aid patients in the recovery process. Vocational, medical and housing assistance services may also be provided to aid in recovery.

**STATS**

- Patients seen: 330
- Average length of stay in program: 3-6 months

**Adolescent Counseling** Designed to address the specific needs of younger patients. Focus includes family and peer group counseling as well as anger management and other specialized group therapies. Adolescents also receive a comprehensive assessment known as GAIN. This helps gauge other physiological issues with the patient.

**STATS**

- Patients seen: 256
- Average length of stay in program: 5 months

**Women's Recovery Program** Strives to remove barriers for women who are struggling with an alcohol or chemical dependency addiction. These barriers are removed through child care assistance, peer support groups, parenting education and transportation assistance. Focus includes treatment for addicted pregnant women and post partum mothers.

**STATS**

- Patients seen: 329
- Number of drug-free babies born in 2007: 76
- Average length of stay in program: 2 years



# Medical Services



*We treat  
the entire patient—  
from their primary  
health care needs  
to their family's.*

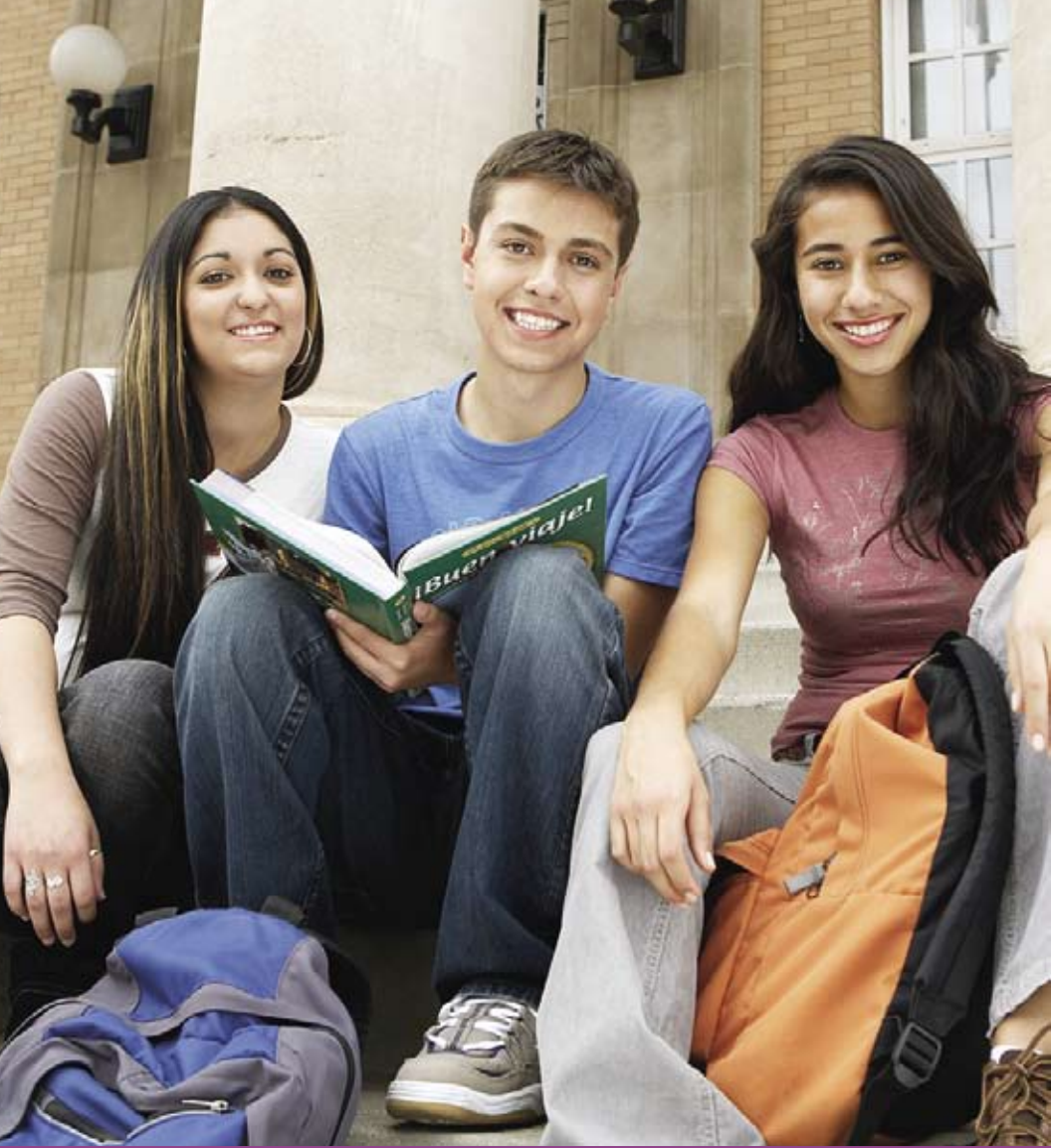
## **CHC selected as pilot site for vaccine**

The CHC was selected to participate in a Pilot Vaccine Initiative Project sponsored by the Center for Substance Abuse Treatment (CSAT). The CHC voluntarily tests all new IV drug using patients for Hepatitis A, B & C as well as HIV. This new program allows us to enhance our services by offering free vaccinations against Hepatitis A & B to our patients. ■ The goal of this new initiative is to learn how to better integrate vaccinations for Hepatitis into current treatment programs. Our results are published in the SAMHSA TIP #32 which reports national standards for Hepatitis vaccines in treatment clinics all around the country.

**CHC Family Practice** The Family Practice at the CHC strives to fill the general health needs of our patients receiving behavioral services from other programs. We also offer traditional services including vaccinations, well-child exams, women's health and much more. Our cosmetic laser, available to the general public, effectively removes tattoos, birth marks, age spots, wrinkles and hair. Accepting most insurance plans, the Family Practice is a great resource to the families and community we serve.

### **STATS**

**Patients in practice: 734**



Outreach

# Making the Connection

**T**he outreach programs at the Community Health Center are designed for two reasons: to prevent problems—such as drug abuse—before they start and to provide aftercare once recovery has been obtained. ■ Both functions of our outreach programs serve as a safety net in the community. These programs all have a strong education component whether for teaching teens how to say no to drugs or by showing recovering adults how to utilize the programs available to them in the community. ■ We teach individuals the skills needed to build a strong foundation without the use of drugs and alcohol.

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## 100th PANDA Camp

Project PANDA (Prevent And Neutralize Drug & Alcohol Abuse) has been a prevention program of the CHC since 1985. The program has a history of building coalitions of adolescents to educate and influence their peers all over Northeast Ohio about the effects of substances such as drugs, alcohol and tobacco.

In 2008 PANDA will celebrate its 100th camp. This milestone represents the more than 10,000 children that have participated in PANDA and the more than 500 youth staff that serve as role models to the campers. Our campers come from all different schools, neighborhoods and economic backgrounds, but leave camp with a common bond and the tools they need to lead a healthy life without substances.

# Outreach Programs at a glance

**Community Pride** Structured program for families living in AMHA housing at Joy Park Estates. Focus on arts-based intervention for children to learn self esteem and non-violent peer resolution. Programs include Joy Dance, funded by the Summit County Department of Job & Family Services. Other programs include: after school and tutoring clubs, summer camps and field trips.

## STATS

- Families & Children participating: 107
- Tutoring Club: 12-15 children per day

**EAP & Drug Free Workplace Program** Employees who abuse alcohol and drugs can cost their employers \$7,000 annually. Our EAP focuses on helping companies develop policies and procedures to decrease workplace accidents and workers' compensation claims. We provide DOT physicals, drug testing and much more.

## STATS

- Companies serviced: 201
- Employees trained on Drug-Free Workplace: 977



**Gate House of Summit County** Provides prevention education, HIV testing, counseling and case management to minority populations with or at-risk of contracting HIV/AIDS. Ending in 2007, Gate House showed 95% positive results in the patients participating during the five-year period.

## STATS

- Patients served: 141
- HIV tests given: 443
- Education & outreach: 676

**Representative Payee Program** Assists senior citizens who reside in Wayne County with their financial obligations. This allows the individual who may be affected by dementia or Alzheimer's to maintain their independence and housing.

## STATS

- Clients served: 6
- Average transactions per month: 100



**Help Me Grow** Free home-visitation program that supports families of children from birth to age three. The goal is to strengthen the child's development and give them the best chance possible to achieve success by assisting with positive parenting skills and access to the community network of services.

#### STATS

- Children served: 234
- Welcome Kits for new families include: diapers, books, and developmental toys



**Horizon House** A prevention program, targeting at-risk youth between the ages of 18-22 who choose to build a strong future rather than turning to a life of under education and crime. This structured program allows homeless young adults a place to live with the condition that they are completing an education and working. With the resident's input, a life management plan is designed with goals that will be achieved before graduation from the program. This program is supported totally by private donations.

#### STATS

- Application process: four-weeks; including personal references, an essay, urine drug screen and interview
- Residents served: 7

**Project FOCUS (For Our Children Utilizing Support)** Helps non-custodial parents who are under community control for non-support, find employment and begin to fulfill their financial obligations to their children. This program, ending in June, 2007, was a partnership with the Child Support Enforcement Agency and the Summit County Prosecutor's Office.

#### STATS

- Clients served: 24
- Amount paid in child support since 2001: \$456,000

# Growing health care partnership brings national bus tour to Akron



**Ohio Director of Commerce Kim Zurz, then a state senator, spoke about some of the health care issues in Ohio when the PPA Bus came to the CHC in 2006.**

The Partnership for Prescription Assistance (PPA), a growing national program to help patients access prescription medicines, made a visit to the Community Health Center in 2006. The 'Help is Here Express' is a traveling education center that travels around the country to raise awareness and educate the public about patient assistance programs for prescription drugs. During its one-day stop in Akron, over 100 individuals in the community signed up to receive assistance with their prescription costs. Learn more at [www.rxforohio.org](http://www.rxforohio.org).

# Social enterprise: Continuing to do good while doing well



The bright red awning on E. Market Street between Carroll Street and Buchtel Avenue in Akron marks the home of the CHC's KidSpace Child Care and Learning Center, which opened in August, 2007. The 6,000 sq. ft. center has been completely remodeled and designed to hold classes for 90 children, ages six weeks to school-age.

KidSpace is also the newest addition to the Community Health Center family of services. Some might wonder what the connection is between a substance abuse provider like CHC and a child care center, but the connection is simple. KidSpace is part of our plan to move into social enterprise. It is an ideal that allows for a double mission 'doing good while doing well.' Learn more about KidSpace at [www.chckidspace.com](http://www.chckidspace.com).

## CommStaff

Another CHC social enterprise is CommStaff, an employment agency assisting individuals seeking temporary and permanent jobs. Open since 2004, this organization has assisted patients from the CHC as well as the general public with securing employment in the professional, clerical, food service and light industrial fields. Currently, CommStaff works with 12 local companies to fulfill their employment needs. Learn more at [www.commstaff.com](http://www.commstaff.com).



# Housing



# Home Sweet Healing Home

**T**he Community Health Center began offering housing as a part of after-care for individuals in recovery. Today, our housing programs are designed to serve many different populations including those in recovery, low-income, elderly, gait impaired and mentally ill. We, along with the OMCDC, focus on providing shelter to any individual in-need.

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## **New housing continues**

OMCDC, the housing manager for the Community Health Center, serves a nine county area in Northeast Ohio including: Stark, Summit, Cuyahoga, Portage, Medina, Carroll, Lorain, Holmes and Wayne counties. In August, 2006 the organization opened its first two projects in Wayne County (*pictured at left*).

In 2008 we will be opening the third and final phase of Peachtree Estates, which provides housing for women in recovery who are reunited with their children. Last year Peachtree housed 50 family members in recovery. We will also open Fox Creek, two group homes for individuals with HIV/AIDS. New programs in the future include Cardinal's Peak in Holmes County and more housing for the homeless. In total, we will be providing more than 250 units of housing to those in need in our community.

# TRANSITIONAL HOUSING

Transitional housing is designed to help bridge the gap between recovery and reintegration into an independent lifestyle. Residents are required to have a documented period of sobriety and be working on a treatment plan. Case management and wrap around services through the Community Health Center are provided to all residents. Length of stay in transitional housing is anywhere between 3 months and 2 years.

## Transitional Housing at a glance

### Burton/Sherman Streets

**Population:** single men and women just leaving treatment

**Number of units:** 8

**Location:** Akron

### Horizon House

**Population:** "older adolescents" ages 18-22 years old.

Must be homeless and working on an education and part time employment.

**Number of units:** 7

**Location:** Akron

### Peachtree Estates I & II

**Population:** single parents who were recently reunited with their children

**Number of units:** 14

**Location:** Cuyahoga Falls

### Project Hope

**Population:** single men and women

**Number of units:** 20

**Location:** scattered apartments throughout Summit County



# PERMANENT HOUSING

Our permanent housing projects are designed for specialized populations. Once our residents meet the application criteria and continue to abide by the lease agreement, residents may stay permanently. Our tenants are monitored by our housing coordinator and subject to surprise inspections and other measures according to Fair Housing Laws.

## Permanent Housing at a glance

### **Pheasants Run & Quail's Nest**

**Population:** Group home for single men and women in recovery

**Number of units:** 8

**Location:** Cuyahoga Falls

### **Fox Creek I & II**

**Population:** single men and women diagnosed with HIV

**Number of units:** 8

**Location:** scattered sites in Akron

### **Meadowlark Lane**

**Population:** single men and women dually diagnosed with chemical dependency, mental illness and/or other disabilities

**Number of units:** 15

**Location:** The Village of Lakemore and Cuyahoga Falls

### **Nela Manor**

**Population:** Section 8 individuals and families

**Number of units:** 35

**Location:** Akron

### **Covington Gardens**

**Population:** Section 8 individuals and families

**Number of units:** 14

**Location:** Cleveland

### **Summit Terrace**

**Population:** single men and women dually diagnosed with chemical dependency, mental illness and/or other disabilities

**Number of units:** 21

**Location:** Akron





Community Health  
Center Foundation

# *Believing in Tomorrow*

**T**he CHC Foundation was established to support the mission of the Community Health Center. This goal is achieved through two public fundraising events, grant writing and housing projects. Last year the CHC Foundation raised more than \$99,800 to support the programs provided by the Health Center.

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## **Mile of Quarters**

Our public fundraiser, the Mile of Quarters, is held annually at Barnes & Noble Booksellers in Bath (*pictured at left*). This event allows us to put our mission, substance abuse treatment, on center stage and educate children and families about the negative effects of drugs and alcohol.

The Mile of Quarters offers free family activities, including a miniature golf course, crafts, story readings and much more. With the support of our major sponsors, Barnes & Noble Booksellers, 98.1 WKDD and OMNOVA Solutions Foundation, we are able to raise awareness and funds for the prevention education programs at the CHC.

The CHC Foundation believes that making a difference in the lives of families today insures the future of our children tomorrow. Thanks to our 2006-07 sponsors and donors who made our mission possible:

A. Schulman, Inc.  
AGA Enterprises, Inc.  
Acme Fresh Market Stores  
AirTran Airways  
AkroChem Corporation  
Akron Assoc. of Insurance & Financial Advisors  
Akron Legal News  
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WZIP 88.1 FM

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Westminster Presbyterian Church

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William R. Zumbar

Witschey Witschey & Firestone Co., LPA

# CHC BOARD OF DIRECTORS

The community leaders that serve on our Board are volunteers that lend their time and expertise to guide our organization responsibly and effectively. Our accomplishments are in great part due to their support and dedication to our organization.



*Laymon*

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FW. Albrecht Co.



*Zaleski*

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# CHC FOUNDATION BOARD OF TRUSTEES

Since 1992, the Community Health Center Foundation has raised more than \$736,000 for the support of the CHC mission.

This achievement was made possible through the support of our dedicated Board of Trustees.



*Ranftl*

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*Kara*

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# FINANCIALS

REVENUES	2006	2007
Federal	49%	54%
State	8%	8%
County	13%	11%
Other	10%	12%
Donations	1%	1%
Fee For Service	19%	14%
EXPENSES	2006	2007
Employment	61%	68%
Administrative	11%	11%
Facility	14%	10%
Operating	14%	11%
TOTAL REVENUES		
2006	\$10,417,129	
2007	\$9,828,435	

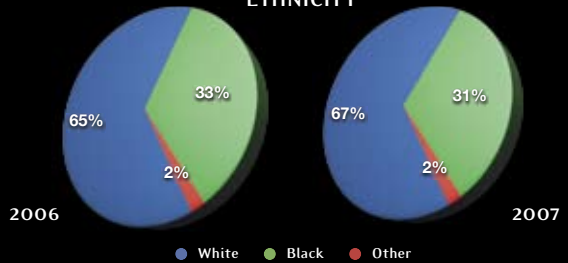
PATIENT DATA	2006	2007
Total Patients	3,619	3,069
Total Services incl. prevention activities	8,045	9,523
Age	2006	2007
0-9	4%	5%
10-19	34%	24%
20-29	20%	21%
30-39	16%	20%
40-49	17%	19%
50-59	6%	8%
60-69	1%	1%
70-79	<1%	<1%
80+	<1%	<1%
Gender	2006	2007
Female	41%	42%
Male	59%	58%



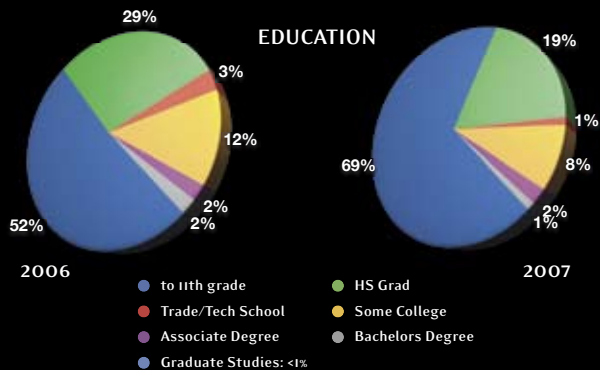
REFERRAL SOURCES	2006	2007
Self	27%	28%
Court/criminal Justice	37%	38%
Alcohol/Other Provider	18%	19%
Other Health Care	2%	1%
School	3%	2%
Employer	1%	1%
County Human Services	11%	10%
Community	1%	1%

HOUSEHOLD INCOME	2006	2007
\$0-5,000	58%	60%
\$5,000-10,000	17%	17%
\$10,001-15,000	9%	8%
\$15,001-20,000	5%	5%
\$20,001-25,000	3%	3%
\$25,001-30,000	2%	2%
\$30,001-35,000	1%	1%
\$35,001-40,000	1%	1%
\$40,001-45,000	<1%	1%
\$45,001-50,000	<1%	1%
\$50,000+	2%	1%

### ETHNICITY



### EDUCATION



## THE CHC IS FUNDED IN PART BY

The City of Akron, Department of Planning  
The Summit County Department of Development  
The County of Summit Department of Job & Family Services  
The County of Summit Alcohol, Drug Addiction and Mental Health Services Board  
Center for Substance Abuse Treatment (CSAT)  
The Akron Health Department  
Summit County Family & Children First Council  
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Akron Metropolitan Housing Authority  
Area Agency on Aging 10B, Inc.  
Community Health Center Foundation  
Akron Public Schools  
US Department of Justice Department of Youth Services  
Stark County ADAS Board

## ACCREDITATIONS, LICENSES AND CERTIFICATIONS

Joint Commission on Accreditation of Healthcare Organizations (JCAHO)  
Ohio Department of Alcohol and Drug Addiction Services (ODADAS)  
Ohio Department of Health  
Ohio State Board of Pharmacy  
Ohio Civil Rights Commission (HEW 504)  
Federal Drug Enforcement Administration  
Substance Abuse Mental Health Services Administration (SAMHSA)  
Clinical Laboratory Improvement Amendments, CLIA  
Medicaid Certified Treatment Agency  
City of Akron Health Department  
Ohio EPA Certification  
Ohio Department of Human Services



The Community Health Center is a contract agency of the County of Summit Alcohol, Drug Addiction and Mental Health Services Board and the Stark County Alcohol, Drug Addiction Services Board.



The Community Health Center facilities and services are certified by the Joint Commission on Accreditation of Healthcare Organizations.

The Community Health Center is an equal opportunity employer and provider of services.



# MISSION

## MISSION STATEMENT

The Community Health Center is committed to enhancing the quality of life. We are a leader in providing effective services for compulsive and addictive disorders, healthcare, life skills development, prevention, housing, wellness and rehabilitation.

## STATEMENT OF PURPOSE

The Community Health Center is a private, not-for-profit, 501(c)(3) corporation. Our purpose is to provide a comprehensive array of treatment, prevention and housing services for addictive and compulsive behaviors and disorders.

We have been serving Northeast Ohio since 1974.

### WE BELIEVE...

Chemical dependency is a progressive, fatal illness that is highly treatable.

We have a responsibility to provide basic treatment services to all of those in need, regardless of the ability to pay.

Several treatment strategies may be necessary for recovery.

We offer individual, family and group counseling, primary healthcare, medical detoxification, residential treatment and educational seminars.

Total well-being is a key factor to successful recovery.

Therefore, we provide quality medical treatment, vocational assistance, housing, case management and childcare services.

Community  
Health  Center  
*Focusing On Your Future*

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