





ADDICTION
DOESN'T
DISCRIMINATE.

Community Health Center

Focusing On Your Future

2008 Annual Report

| Addiction | Doesn't |Discriminate| Oddiction Doesn't Discriminate Addiction Doesn't Discriminate

ADDICTION DOESN'T DISCRIMINATE.

Mission

Statement of Purpose

The Community Health Center is a private, not-for-profit, 501(c)(3) corporation. Our purpose is to provide a comprehensive array of treatment, prevention and housing services for addictive and compulsive behaviors and disorders. We have been serving Northeast Ohio since 1974.

Mission Statement

The Community Health Center is committed to enhancing the quality of life. We are a leader in providing effective services for compulsive and addictive disorders, health care, life skills development, prevention, housing, wellness and rehabilitation.



Contents

Letter to the Community

What 'We Believe'

Many changes are happening not only in the field of alcohol and drug treatment, but also throughout our entire health care system. The truth is, the lines are blurred between primary and behavioral health care; one often cannot be addressed without the other. There is no one treatment regimen that cures substance abuse, just as there is no one miracle drug that cures all ailments. In this annual report, you will see how we address the many unique needs of our patients every day.

We believe Community Health Center is the leading provider of substance abuse treatment in Summit County. We also acknowledge to be the leader and on the cutting edge, we must support if not provide many paths to effective recovery for our patients. That is why we offer more than just residential and outpatient treatment. We work to provide many wrap-around services which include primary health care, housing, temporary employment services and child care.

We believe that we have a responsibility to help any and all populations in need that are susceptible to the effects of addiction. That is why we offer programs like the Community Clubhouse for Brain Injury and housing programs for people with disabilities.

And finally, because we believe "Addiction Doesn't Discriminate," we must keep this important topic on the minds of our citizens and leaders in this community. Thank you for your continued support of CHC over the past four decades, and I look forward to sharing with you many more milestones, stories and successes of the good work Community Health Center is doing in Northeast Ohio.

In good health,

Theodore P. Ziegler Chief Executive Officer, CHC

Theredore V. Fregler



Ted Ziegler, CEO



We recognize that there is no single treatment modality that is appropriate for all patients. Treatment begins with an in-depth assessment where the chemical dependency problems are identified as well as other areas of concern including, criminal involvement, family issues, education/vocation deficiencies and mental health. A treatment plan is designed with all the needs of the patient in mind. Our treatment staff assist our patients through the recovery process, which can last as little as 90 days to several years.

In 2008, CHC began offering mental health services to those substance abuse patients in need of treatment for a mental health or behavioral issue. We also offer a Stress Management Group and case management services.

OUTPATIENT PROGRAMS

Diagnostic Department The first step in treatment for new patients at CHC. Using various assessment tools, an individual's mental and physical health is measured.

2008 STATS

Patients admitted: 2,067

Average length of an assessment: three hours Average patients admitted per week: 40

Residential Treatment at Rocco Antenucci Memorial Adult Residential Center (RAMAR)

Patients receive support during every stage of recovery in an inpatient environment. Treatment includes group and individual counseling and development of recovery skills. Most patients graduate into outpatient care.

2008 STATS

No. of beds: 28; 14 each for males and females

Patients seen: 301

Medication-Assisted Treatment for Opiate

Addiction One of only nine regional methadone clinics in Ohio offering daily methadone maintenance and detoxification treatment (identified as the single most effective treatment) for opiate addiction.

Intensive Outpatient Program

Provides a therapeutic multi-disciplinary program designed to promote the recovery process through three levels of treatment including group and individual counseling, case management, vocational development, community support groups and reintegration programming.

Adult Counseling Includes weekly individual counseling and referrals to a wide array of chemical dependency and specialty groups providing education, peer support and accountability. Vocational, medical and housing assistance services may also be provided to aid in recovery.

Patients seen in our adult behavioral health programs: 5,769

Stacy, 23, a new mother has been sober for over one year. A patient in CHC's methadone program, she used to wake up thinking about how she would get money to get high. "I love coming in and working on my recovery with my counselor, Robyn. Today, all I think about is taking care of my daughter and working to keep my life on the right track."

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Adolescent Counseling Designed to address the specific needs of younger patients. Focus includes family and peer group counseling as well as anger management and other specialized group therapies. Adolescents receive comprehensive assessments that help gauge other physiological issues.

2008 STATS

Patients seen: 300

Average length of stay in program: 6 months

Women's Recovery Program Strives to remove barriers for women who are struggling with an alcohol or chemical dependency addiction. These barriers are removed through child care assistance, peer support groups, parenting education and transportation assistance. Focus includes treatment for addicted pregnant women and post partum mothers.

2008 STATS

Patients seen: 441

Number of drug-free babies born: 43 Average length of stay in program: 2 years

Community Clubhouse for Brain Injury New in 2008, the Community Clubhouse for Brain Injury (formerly the Ballinger TBI Clubhouse) is a community based program offering long-term support for individuals with brain injuries. The Clubhouse focuses on re-entry activities and a work-ordered day for members including cooking, gardening, office work and other pre-vocational training. All Clubhouse members can also utilize CHC services for substance abuse/mental health issues and case management.

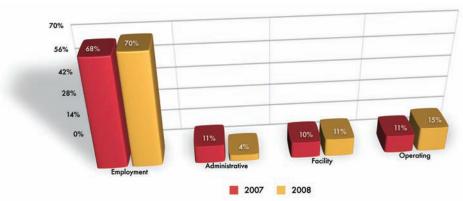
Operated at CHC's Summit Terrace, the Clubhouse serves about 25 individuals per week. **www.commclubhouse.org**.



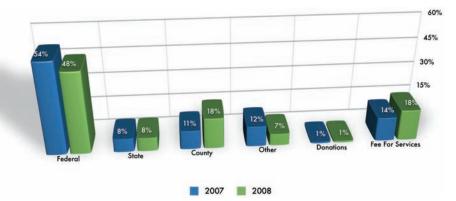
Clubhouse members work every week in the summer on gardening skills with a grant provided by the Master Gardeners of Summit County, a program of The Ohio State University. Vegetables harvested are used at the Clubhouse for cooking activities.

Finances

Expenses



Revenues



Total Revenues

2007 **\$9,828,435** 2008 **\$8,888,561**

Demographics

	2007	2008
Patient Data		
Total Patients	9,523	12,552
Male	58%	57%
Female	42%	43%
Age		
0–9	5%	6%
10–19	24%	27%
20–29	21%	21%
30–39	20%	22%
40–49	19%	15%
50–59	8%	6%
60+	3%	3%
Ethnicity		
Caucasian	65%	59%
African American	33%	30%
Other	2%	11%
Education		
To 11th grade	52%	54%
Trade/Tech School	3%	3%
Associate Degree	2%	4%
Graduate Studies	<1%	<1%
HS Grad	29%	25%
Some College	12%	12%

	2007	2008
Referral Source		
Self	28%	36%
Court/Criminal Justice	38%	31%
Alcohol/Other Provider	19%	21%
Other Healthcare	1%	1%
School	2%	1%
Employer	1%	1%
County Human Services	10%	8%
Community	1%	1%
Household Income		
\$0-5,000	60%	60%
\$5,001-10,000	17%	16%
\$10,001-15,000	8%	9%
\$15,001-20,000	5%	5%
\$20,001-25,000	3%	3%
\$25,001-30,000	2%	2%
\$30,001–35,000	1%	1%
\$35,001-40,000	1%	<1%
\$40,001-45,000	1%	<1%
\$45,001–50,000	1%	1%
\$50,001+	1%	2%





Janet L. Wagner, COO

Pamela J. Crislip, CFO



Battling an addiction is very difficult, but nearly impossible if you are also struggling with a chronic health condition. At the Community Health Center we strive to treat the entire patient, and that includes their primary health care needs as well as their families.

Community Health Center Family Practice

All patients and the general public have access to primary health care services at our Family Practice. In 2008, CHC partnered with Buckeye Community Health Plan to establish primary medical services for members with behavioral health issues. The goal of the program is to link primary health care to those complex patients with behavioral health issues who do not have an existing relationship with a general practitioner. As a result of this partnership, Buckeye Community Health Plan received a Community Outreach/Partnerships Pinnacle Award for its program—Community Care: A Partnership in Nurturing.

Additionally, the practice offers Cosmetic Laser Services and Suboxone. Suboxone is an opiate replacement therapy program for patients addicted to prescription pain killers. Patients are referred by their general practitioner or can seek help personally. The program is medically monitored by our doctor with weekly visits and urine drug screening. In 2008, 75 patients participated in the Suboxone Program.

CHC operates an independent Family Practice location at 702 E. Market Street, Akron. Primary health care is provided for all ages by medical director, Timothy Rice, MD, and our newest physician, Ann Laurella DiFrangia, DO (pictured left).

EAP & Drug Free Workplace Program Our Employee Assistance Program focuses on helping companies develop policies and procedures to decrease workplace accidents and workers' compensation claims.

We provide DOT physicals, on-demand drug testing, on-site trainings and annual flu shot clinics. In 2008, our EAP program served 256 companies.

Laboratory Services Thousands of patients that come in our doors every year come for one reason only—for a drug test. CHC holds contracts with many local service providers and companies for urine drug screen (UDS) services. CHC provides state-of-the-art services at our main location to provide comprehensive screening as well as other medical laboratory tests.

In 2008 our laboratory services administered 42,396 tests.



The outreach programs at the Community Health Center are designed for two reasons—to prevent problems, such as drug abuse, before they start or to provide after-care once recovery has been obtained.

Both functions of our outreach programs serve as a safety net in the community. These programs all have a strong education component whether for teaching teens how to say no to drugs or by showing recovering adults how to utilize the programs available to them in the community.

Case Management Services Often times, our case managers are the glue that holds our patients' treatment plans together. Case managers help patients navigate the services available to them in the community, provide transportation and overall support as they are in the healing process.

2008 STATS

Average case load for a CHC Case Manager: 65 Number served: 2,636



Help Me Grow Free home-visitation program that supports families of children from birth to age three. The goal is to strengthen the child's development and give them the best chance possible to achieve success by assisting with positive parenting skills and access to the community network of services.

2008 STATS

Children served: 312

Project PANDA The goal of PANDA (Prevent and Neutralize Drugs and Alcohol) is to educate middle school students, not only about the dangers of drug and alcohol abuse, but also about peer pressure, decision making and self-esteem. This goal is accomplished during a Friday through Sunday educational camp experience, day events and in-school clubs.

2008 STATS

Students participating: 916 children participated in PANDA and other prevention programs from 25 area schools

Student-run web site: www.projectpanda.org

Rachel has been a CHC patient since she was pregnant with her twin daughters. Today, she lives in Peachtree Estates III and utilizes many services offered at CHC. "I love my counselor, Maureen, and all the people at CHC. They are such a blessing to my family. They help me stay strong and healthy in my recovery."



The Community Health Center began offering housing as a part of after-care for individuals in recovery. Today, our housing programs are designed to serve many different populations including those in recovery, low-income, elderly, gait impaired and mentally ill. We, along with the OMCDC, focus on providing shelter to any individual in-need.

In 2008, the Ohio Multi-County Development Corporation (OMCDC) was able to provide over 235 units of housing for the homeless in Northeast Ohio. The newest addition is Fox Creek I & II. This program is located at two group homes in Akron and offers housing to eight individuals with disabilities.

Receiving much of their support from the U.S. Department of Housing and Urban Development and the Summit County Continuum of Care, OMCDC secured over \$7 million in funding for housing and supportive services in 2008. In 2009 we plan on bringing 5 new developments, or 50 units, to the area, as well as over 200 units of housing as general partners of a project in Columbus.

Brothers Frankie and Donnie are thankful for the opportunities Horizon House, CHC's program for homeless young adults, offered them. "Our mother was using drugs and we were homeless. Horizon House gave us a place to call home while we put our lives back together," explains Frankie. Today, both young men are program graduates and resident advisors to seven young men at two Horizon House locations.

TRANSITIONAL HOUSING

Transitional housing is designed to help bridge the gap between recovery and reintegration into an independent lifestyle. Residents are required to have a documented period of sobriety and be working on a treatment plan. Case management and wrap around services through the Community Health Center are provided to all residents. Length of stay in transitional housing is anywhere between three months and two years.

Burton/Sherman Streets

Population: single men and women just leaving treatment Number of units: 8

Location: City of Akron

Horizon House

Population: young, homeless adults ages 18–22 years old. Must work on an education and part time employment.

Number of units: 12 Location: City of Akron

Peachtree Estates I

Population: single parents who were recently reunited with children

Number of units: 8

Location: City of Cuyahoga Falls

Project Hope

Population: single men and women

Number of units: 12

Location: scattered apartments throughout

Summit County

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PERMANENT HOUSING

Our permanent housing projects are designed for specialized populations. Once our residents meet the application criteria and continue to abide by the lease agreement, residents may stay permanently. Our tenants are monitored by our housing coordinator and subject to surprise inspections and other measures according to Fair Housing Laws.

Blue Heron Way

Population: single men and women, homeless with

chronic mental illness

Number of Units: 8

Location: scattered sites around

City of Akron

Covington Gardens

Population: Section 8 individuals and families

Number of units: 14

Location: City of East Cleveland

Fox Creek I & II

Population: single men and women diagnosed

with HIV Number of units: 8

Location: scattered sites in City of Akron

Fox Creek II, Akron

Meadowlark Lane

Population: single men and women dually diagnosed with chemical dependency, mental illness and/or other disabilities

Number of units: 15

Location: Village of Lakemore and City of Cuyahoga Falls

Nazareth Towers

Population: Section 8 individuals and families

Number of units: 211 Location: City of Columbus

Nela Manor

Population: Section 8 individuals and families

Number of units: 35 Location: City of Akron

Peachtree Estates II & III

Population: single parents in recovery, with children

Number of units: 12

Location: City of Cuyahoga Falls

Pheasant's Run & Quail's Nest

Population: group home for single men and

women in recovery

Number of units: 8

Location: City of Cuyahoga Falls

Pigeon Creek

Population: low-income elderly individuals

Number of units: 26 Location: City of Wooster

Summit Terrace

Population: single men and women dually diagnosed with chemical dependency, mental illness and/or other disabilities

Number of units: 21 Location: City of Akron

Wren's Way

Population: individuals with physical, mental or

developmental disabilities

Number of units: 14 Location: City of Wooster



Nazareth Towers, Columbus

Doing Good While Doing Well

The need for quality health care services is growing every day, and in today's economic climate our funders cannot always provide at the levels necessary to treat those in need. That is why our non-traditional revenue sources are even more crucial to sustain our mission.



KidSpace Child Care and Learning Center completed its first full year in 2008. Peaking at 65 enrolled children, the center added two classrooms and employed 12 teachers. KidSpace educates children ages 6 weeks to 12 years, is open to the public and accepts Title XX. This is also an added benefit to CHC Staff with children. Learn more about KidSpace at **www.chckidspace.com**.



CommStaff is a staffing agency working to provide temporary and permanent employment opportunities in the light industrial, clerical and food service fields. Open since 2004, CommStaff serves CHC patients and the general public. In 2008, CommStaff placed 230 people and served 24 companies. Learn more at





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The CHC Foundation was established to support the mission of the Community Health Center.

In 2008, the CHC Foundation raised over \$90,000 to support the programs provided by the Health Center. With the establishment of a development department, the CHC Foundation held its first annual campaign in 2008 with the idea of "100% giving" among our board members and staff. One-hundred percent giving doesn't have a set dollar amount; rather a personal aift of \$5 or \$500 equals the same thing — 100% support of Community Health Center's mission.

Additionally, the CHC Foundation holds two public fundraisers annually. In August 2008, Fairlawn Country Club hosted the inaugural year of the Community Health Center Golf Classic raising over \$40,000. In October, Barnes & Noble Booksellers in Bath turns their store into a Halloween festival with indoor trick-ortreat, free activities for families, a book fair and story times with Clifford the Big Red Dog—all benefiting the programs at CHC.

Thank you to our 2008 donors who made our mission possible:

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The community leaders that serve on our Board are volunteers that lend their time and expertise to guide our organization responsibly and effectively. Our accomplishments are in great part due to their support and dedication.

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The CHC is funded in part by

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The County of Summit Juvenile Court

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Ohio Department of Mental Health

Akron Metropolitan Housing Authority

Community Health Center Foundation

Akron Public Schools

US Department of Justice Department of Youth Services

Mental Health and Recovery Services Board of Stark County





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Ohio Department of Alcohol and Drug Addiction Services (ODADAS)

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American Association of Medical Review Officers

Drug Enforcement Agency

City of Akron

Clinical Laboratory Improvement Amendments (CLIA)

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Ohio EPA Certification

Ohio Department of Human Services

Ohio Department of Mental Health—Medicaid Program





The Community Health Center is a contract agency of the County of Summit Alcohol, Drug Addiction and Mental Health Services Board and the Mental Health and Recovery Services Board of Stark County.

The Community Health Center facilities and services are certified by the Joint Commission on Accreditation of Healthcare Organizations.



Community Health Center

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